

At Lantern Lane, we value PSHE to help pupils develop the knowledge, skills and attributes they need to enjoy their lives now and in the future. These skills and attributes help them to keep themselves and others safe, nurture healthy bodies and minds, and prepare them for life and its challenges. Following this study, children at Lantern Lane will have the confidence to make their own decisions and think independently understanding and taking responsibility both within school and beyond. Our values of confidence, achievement, respect and enthusiasm drive both the curriculum outlined below and all the pastoral provision that is a strength of our school.

LLPS PSHE Curriculum Overview - EYFS

	Autumn	Spring	Summer
EYFS F1	Making Relationships - Showing friendly behaviour, initiating conversations, forming good relationships with peers and familiar adults	Self-confidence and Self-Awareness - selects resources with help, confidence to talk to others when playing, communicate freely about home and community and asking adults for help,	Managing feelings and behaviour - aware of own feelings and that some words and actions can hurt others' feelings, accept the needs of others by taking turns and share resources, tolerate delay when needs and wishes are not always met, usually adapt behaviour to different events, situations and changes in routine.
EYFS F2	Making Relationships - initiates conversations and takes account of what others say, explains own knowledge and understanding and asks appropriate questions of others. Takes steps to resolve conflicts, finding a compromise.	Self-confidence and Self-Awareness - confidently speak to others about needs, wants, interests and opinions, describes self in positive terms and talks about own abilities.	Managing feelings and behaviour - understands their own actions can hurt others by either being upset or trying to comfort another, being aware of boundaries set, behavioural expectations in the setting, and negotiate and solve problems without aggression.

LLPS PSHE Curriculum Overview - Relationships

	Autumn	Spring	Summer
Y1	Agree and follow class rules, play and work co-operatively, listen and share with others, name feelings, recognize there are different types of teasing, know difference in families and that families and friends should care for each other.		
Y2	Say what's fair, unfair, right and wrong, likes and dislikes, recognize range of human emotions and how to deal with them, listen and respect others views, differences and similarities, recognize types of bullying and teasing and how to deal with bullying behaviours. Know that other people's families may be similar or different to own.		
Y3		Listen and respect differences and views, face new challenges, see own mistakes and make amends, empathise with others and situations.	Identify diff types of relationship and how to maintain good ones. Know that these may change over time. Judge what physical contact is acceptable and what to do if I need help. Describe nature, consequence and responses to bullying.
Y4	Identify positive ways to face new challenges, identify my own and others' achievements. Recognise the worth in others.	Respond appropriately to others feelings and views. Describe, tolerate and respect different beliefs and values in society. Express my views confidently to peers and adults.	
Y5	Express, listen to and show respect for different views. Deal positively and recognize in others a range of feelings and emotions.	Recognize and know how to deal with change in emotions of self and others during puberty. Know where people can get support. Aware of differences and similarities in relationships, in terms of cultural, ethics, racial, religious, age, sex, sexual orientation and disability. Know what makes a healthy relationship, and that others may make bad choices (abuse).	
Y6		Learn about pressure to behave in risky or unacceptable ways, how to ask for help, positive and negative influences, dealing with changes in puberty, stereotyping, respond to discrimination and bullying, loving families and that this is important to having and raising babies, and understanding that abuse is against the law, and where to go for help in that situation.	Positive ways to face new challenges, eg KS3. Say positive things about self and set personal goals, know difference between aggressive and assertive behaviour.

LLPS PSHE Curriculum Overview - Living in the Wider World

	Autumn	Spring	Summer
Y1		Express opinions or disagreements and ask questions.	Know we pay for what we buy, talk about charities, consequences of losing money, things we need to buy and choose to buy, and understanding that it isn't always possible to have everything we want straight away if at all.
Y2		Discussions about topical issues, contribute to life of school, know what can be harmful to the environment, and ways to look after the environment.	Gambling (lottery scratch cards), recognize coins and notes we use, ways we can look after money, ways we can pay for things,
Y3	Participating in making and changing rules, where to find impartial advice, and understand that choices we make can impact local and global communities.		Financial decisions, eg pocket money and charities, earning money, saving it, differences in families in terms of money, planning for future and saving, comparisons between prices. Understand why we have charities.
Y4	Aggressive and anti-social behaviours and their effect on people and communities, making informed choices about environment, local and global diversity which affects people's choices. Recognise and begin to challenge negative behaviours like stereotyping and aggression.		People have different financial circumstances, ranges of jobs, different ways of paying for things, inc. debt, (if you borrow you must pay more back), prioritizing and making informed choices with regard to charities and spending.
Y5	Local and national support groups, understanding differences in other cultures and countries, fair trade, how choices we make as individuals can impact globally and nationally, poverty differs depending on circumstances. Where to find impartial advice to inform decision making.		Jobs, how to develop skills to contribute to the future, earnings differ, planning for future spending, saving, essentials and desires, value for money, and discussing wider issues such as 'Does money make you happy?'
Y6	Living in the Wider World: why and how rules are made, institutions that support democracy, take part more fully in school and community, social injustice, moral responsibility, economic choices, media influences positively and negatively. Anti-social and aggressive behaviours, inc. cyber bullying and racism. Diff's and sim's arising from racial, cultural, ethnic, religious, gender, disabilities. Recognise and respect range of identities in UK. Strategies to resolve conflict.		

LLPS PSHE Curriculum Overview - Health and Well-Being

	Autumn	Spring	Summer
Y1		Personal hygiene, how to stay healthy, inc. exercise and oral health, roles of medicines, healthy and less healthy drinks.	Name parts of the body, male and female differences, effects of change and loss, secrets (positive and negative) , safety, services to help us, where to go if help is needed.
Y2		Personal safety...substances, drugs, medicines, syringes, needles. Where to go for help. Consequences of good and bad choices in terms of my health. Effects of change and loss, and who can help.	Name main characteristics between male and female, appropriate language for body parts, which parts are private, own rights over their own bodies, differences between good touching and bad touching, people's needs change as they grow older.
Y3	How body has changed since being a baby. Simple choices to improve health and well-being, including emotional well-being.	Risk management, resisting negative peer pressure, basic safety with medicine, road safety, school rules with and where to get help, rules relating to drugs, alcohol and smoking. Know that it's ok to break a secret in order to keep me safe.	
Y4		Emotional health and well-being, healthy eating and exercise, behavior and safety have consequences, influences on smoking etc, developing strategies for peer pressure, knowing where to go for help.	Feeling good about self and my body, language describing change and feelings, how these change as I get older, importance of taking care of own body whilst respecting cultural differences.
Y5		What makes a healthy lifestyle and factors affecting mental health and self-image. Understanding simple and safe routines to prevent spread of bacteria.	Name and explain differences in male and female body parts, physical and emotional differences in puberty, good hygiene routines, peer influences on taking risky and unsafe choices, concept of keeping something confidential or secret and when its ok to break a confidence or share a secret. Where to go for help.
Y6		Drug, alcohol, smoking and substance abuse, effects on unborn child, basic First Aid, risk taking and understanding what kind of physical contact is acceptable or not, pressures coming from different sources and people, positive and negative influences, media. Basic law regarding substances.	Recognise different risks in different situations, appropriate physical contact in different situations, name and describe human reproductive organs, puberty in boys and girls, conception, and that this can be prevented. How to keep own body healthy and clean. Reasons some adults choose to have sex in a relationship. Puberty occurs at different times for different people.